

Second Step Kindergarten and Grade 1 Book List			© 2013 Committee for Children		
Title	Author and Illustrator	Summary	Emotions and Themes	Unit	Lesson
<i>Let's Get Ready For Kindergarten!</i>	By Stacey Kannenberg	This practical, interactive book is designed to engage children while focusing on the basic skills required for kindergarten. It not only covers the academic expectations such as knowing the alphabet, counting, shapes, and colors, but it also covers the social expectations such as knowing how to share, take turns, listen, and wait patiently.	Focusing attention, listening, sharing, starting school, taking turns, waiting	Unit 1 - Skills for Listening	Lesson 1
<i>My Mouth is a Volcano</i>	By Julia Cook. Illustrated by Carrie Hartman.	Told from a child's perspective, this entertaining book helps children understand the importance of respecting others by listening and waiting for their turn to speak.	Focusing attention, following directions, ignoring distractions, listening, respect, self-control, self-talk, waiting	Unit 1 - Skills for Learning	Lesson 1
<i>Sam and Gram and the First Day of School</i>	By Dianne Blomberg. Illustrated by George Ulrich.	This book describes what happens hour-by-hour on Sam's first day of school, giving a young readers a realistic idea of what they can expect on their first day of school too. Two additional sections provide helpful information on "Things to Do" and "Things to Talk About" with children starting school for the first time.	Focusing attention, following directions, listening, making friends, starting school, welcoming	Unit 1 - Skills for Learning	Lesson 1
<i>Communication</i>	By Alik	This book covers lessons in the etiquette and skills of speaking and listening, in a colorful, humorous manner.	Listening	Unit 1 - Skills for Learning	Lesson 1
Howard B. Wigglebottom Learns to Listen. (available through Committee for Children)	By Howard Binkow. Illustrated by Susan F. Cornelison.	Promote children's school readiness and encourage positive listening skills with this fun story about a bunny named Howard B. Wigglebottom.	Focusing attention, following directions, ignoring distractions, listening, respect, self-control, self-talk	Unit 1 - Skills for Learning	Lesson 1
<i>Listen and Learn</i>	By Cheri J. Meiners	This colorful book helps children understand what it looks like and means to listen and focus their attention.	Focusing attention, following directions, ignoring distractions, listening	Unit 1 - Skills for Listening	Lesson 1 & 2
<i>Listen, Buddy</i>	By Helen Lester. Illustrated by Lynn Munsinger.	Buddy, a young bunny, has trouble paying attention and listening. When Buddy discovers the negative consequences of not listening, he decides to focus his attention and to really listen to what others are saying.	Consequences, focusing attention, following directions, ignoring distractions, listening	Unit 1 - Skills for Learning	Lesson 1 & 2
<i>The Listening Walk</i>	By Paul Showers. Illustrated by Alik.	As a father and child take a walk together, they listen and focus their attention on all the sounds that are around them. Read this story to children before taking children on their own "listening walk."	Focusing attention, ignoring distractions, listening	Unit 1 - Skills for Learning	Lesson 1 & 2
<i>Baby Bear, Baby Bear, What Do You See?</i>	By Bill Martin, Jr., and Eric Carle.	This is the last book in a series that began 40 years ago with <i>Brown Bear, Brown Bear, What Do You See?</i> The rhythmic, rhyming text in this book focuses on the baby bear's bond with his mother as they spy various North American animals. Help children practice focusing their attention as they try to predict what baby bear sees.	Focusing attention, following directions, ignoring distractions, listening	Unit 1 - Skills for Learning	Lesson 2
<i>From Head to Toe</i>	By Eric Carle	This book encourages children to repeat the movements of various animals in the story. After each movement, the animal asks, "Can you do it?" Children respond, "I can do it!" This is a good book for children to practice following directions and for getting them moving.	Focusing attention, following directions, ignoring distractions, listening	Unit 1 - Skills for Learning	Lesson 3
<i>Simple Signs</i>	By Cindy Wheeler	This book gives easy directions and illustrations for your children to follow for how to sign simple words in American Sign Language.	Focusing attention, following directions, ignoring distractions, listening	Unit 1 - Skills for Learning	Lesson 3
<i>Strega Nona</i>	By Tomie dePaola	This engaging story based on an Italian folktale describes what happens when Big Anthony, the main character, doesn't the directions.	Focusing attention, following directions, ignoring distractions, listening	Unit 1 - Skills for Learning	Lesson 3
<i>Katy and the Big Snow</i>	By Virginia Lee Burton	Katy is a tractor that uses self-talk and determination to save the day is a small town that gets hit by a blizzard.	Focusing attention, ignoring distractions, self-talk	Unit 1 - Skills for Learning	Lesson 4
<i>The Little Engine That Could</i>	By Watty Piper	This is a classic story of a little engine who uses positive self-talk to help him get to the top of a high mountain.	Focusing attention, ignoring distractions, self-talk	Unit 1 - Skills for Learning	Lesson 4
<i>Know and Follow Rules</i>	By Cheri J. Meiners	This book uses simple language to describe why it is important to have and follow rules. It then gives some basic rules that apply to many situations.	Following directions, listening, respect, self-control	Unit 1 - Skills for Listening	Lesson 3
<i>Manners</i>	By Alik	Each page of this book has a different story about manners told in comic book fashion. It illustrates good behavior in a friendly, humorous way.	Interrupting	Unit 1 - Skills for Listening	
<i>Perfect Pigs: An Introduction to Manners</i>	By Marc Brown. Illustrated by Stephen Krensky.	A simple and fun introduction to good manners.	Manners	Unit 1 - Skills for Listening	
Howard B. Wigglebottom Learns Too Much of a Good Thing is Bad	By Howard Binkow. Illustrated by Susan F. Cornelison.	Howard overdoes it and overeats. He learns that through discipline and moderation, he can have a sense of personal power. The eighth book in the award winning Howard B. Wigglebottom series. Tips/lessons included. Reviews and support resources are available at www.wedolisten.com .	Self discipline, moderation	Unit 1 - Skills for Learning	
<i>My Brother Charlie</i>	By Holly Robinson Peete and Ryan Elizabeth Peete. Illustrated by Shane W. Evans.	Callie and Charlie are twins. They have a lot of similarities but they have one big difference—Charlie has autism and Callie does not. Callie describes life growing up with an autistic twin. This book is based on a true story.	Accepting differences, caring, compassion, empathy, feelings, helping, similarities and differences, understanding perspectives	Unit 2 - Empathy	

<i>And to Think That We Thought That We'd Never Be Friends</i>	By Mary Ann Hoberman. Illustrated by Kevin Hawkes.	Lively, rhyming text and color illustrations tell the story of how the resolution of an argument between a brother and sister expands to include peace between neighbors, nations, and the world.	Accepting differences, empathy, friendship, similarities and differences, problem solving, understanding perspectives	Unit 2 - Empathy	
<i>Shades of People</i>	By Shelley Rotner and Sheila M. Kelly.	Simple text and color photographs show children that even though people have all different skin tones, hair colors, and facial features, they are all human beings.	Accepting differences, empathy, similarities and differences	Unit 2 - Empathy	
<i>¿Que te gusta? = What Do You Like?</i>	By Michael Grejniec	The Spanish-English edition of this book is a conversation between a boy and girl about the different things that they both like. Vibrant watercolor illustrations show how the children are imagining the different things they like about the same things.	Accepting differences, empathy, similarities and differences, understanding perspectives	Unit 2 - Empathy	
<i>Who Is the Beast?</i>	By Keith Baker	A young tiger does not understand why all the jungle animals flee the "beast" as he passes by. Could he be the beast? The tiger begins comparing himself to all the other animals in the jungle, and discovers that he is not so different after all.	Accepting differences, empathy, similarities and differences, understanding perspectives	Unit 2 - Empathy	
<i>Whoever You Are</i>	By Mem Fox. Illustrated by Leslie Staub.	This book explores what is different and the same about people all over the world.	Accepting differences, empathy, similarities and differences, understanding perspectives	Unit 2 - Empathy	
<i>A Letter to Amy</i>	By Ezra Jack Keats	Peter accidentally bumps into Amy when he rushes out to mail an invitation to her.	Accidents	Unit 2 - Empathy	
<i>It Wasn't My Fault</i>	By Helen Lester. Illustrated by Lynn Munsinger.	Accidents always seem to happen to Murdley Gurdson and they're usually his fault, but when a bird lays an egg on his head, he tries hard to find someone else to blame.	Accidents	Unit 2 - Empathy	
<i>Benjamin Bear Says Sorry</i>	By Claire Freedman	Benjamin is full of energy—sometimes too much energy! In his excitement, Benjamin accidentally upsets his friends then learns how to say he's sorry.	Accidents, apologizing, empathy, feelings, taking responsibility for your actions, understanding perspectives	Unit 2 - Empathy	
<i>I'm Sorry (Blue's Clues)</i>	By Justin Chanda. Illustrated by David B. Levy.	Green Puppy, from the popular educational television series <i>Blue's Clues</i> , learns to say "I'm sorry" to his friend, Magenta, when he accidentally breaks her favorite crayon.	Accidents, apologizing, empathy, feelings, taking responsibility for your actions, understanding perspectives	Unit 2 - Empathy	
<i>Andrew's Angry Words</i>	By Dorothea Lachner. Illustrated by Thé Tjong-Khing.	After his sister accidentally bumps him, Andrew shouts angry words, which take on a life of their own and affect all those who encounter them.	Accidents, feelings change, identifying feelings	Unit 2 - Empathy	
<i>Just for You</i>	By Mercer Mayer	A little boy tries to do nice things for his mom, but things don't seem to work out.	Caring	Unit 2 - Empathy	
<i>What's Claude Doing?</i>	By Dick Gackenbach	A dog refuses all the neighborhood pets' invitations to come out to play, not admitting that he's generously keeping his sick master company.	Caring	Unit 2 - Empathy	
<i>Those Shoes</i>	By Maribeth Boelts. Illustrated by Noah Z. Jones.	Jeremy really wants the shoes that all the kids are wearing. The problem is that his family can't afford them. Jeremy will do most anything to own a pair—including squeeze into a pair on sale that are a size too small. Jeremy soon discovers the "uncomfortable" consequences of this solution, and begins to appreciate what he already has.	Caring, compassion, consequences, friendship, helping, name-calling, problem solving, thinking of solutions	Unit 2 - Empathy	
<i>How to Be a Friend: A Guide to Making Friends and Keeping Them</i>	By Laurie Krasny Brown. Illustrated by Marc Brown.	Easy-to-read text and happy dinosaurs illustrate practical suggestions and gentle reminders about how to make and keep friends.	Caring, compassion, empathy, fair ways to play, friendship, having fun with your friends, helping, inviting in, joining in, making friends	Unit 2 - Empathy	
<i>A Sick Day for Amos McGee</i>	By Philip C. Stead. Illustrated by Erin E. Stead.	Amos McGee works at the zoo. Amos always finds time each day to spend in special ways with five of his animal friends. One day Amos is sick. His friends then get a chance to do something special for Amos.	Caring, compassion, empathy, feelings, helping, understanding perspectives	Unit 2 - Empathy	
<i>Somewhere Today: A Book of Peace</i>	By Shelley Moore Thomas. Illustrated by Eric Futran.	This book is full of color photographs of people from all over the world caring, helping, and being kind to one another.	Caring, compassion, empathy, feelings, helping, understanding perspectives	Unit 2 - Empathy	
<i>When I Care About Others</i>	By Cornelia Maude Spelman. Illustrated by Kathy Parkinson.	Colorful illustrations help tell the story of a young bear cub that needs to be cared for, but later learns to care for others too.	Caring, compassion, empathy, feelings, helping, understanding perspectives	Unit 2 - Empathy	
<i>Have You Filled a Bucket Today?</i>	By Carol McCloud. Illustrated by David Messing.	This books helps set a positive tone for your classroom by giving children a visual way to think about kindness toward others.	Caring, compassion, empathy, friendship, helping, kindness, welcoming	Unit 2 - Empathy	
<i>We All Sing with the Same Voice</i>	By J. Philip Miller and Sheppard M. Greene. Illustrated by Paul Meisel.	The words to the welcoming song for the popular children's television series <i>Sesame Street</i> are matched with illustrations in this lively book for children. It show children that even though they may come from different places, they are still basically the same.	Caring, compassion, empathy, friendship, helping, kindness, welcoming	Unit 2 - Empathy	
<i>Bear Feels Sick</i>	By Karma Wilson and Jane Chapman.	Bear is not feeling well. His friends do everything they can to help him feel better. The rhyming text and colorful illustrations make this story of caring friends a fun read.	Caring, compassion, empathy, friendship, helping, understanding perspectives	Unit 2 - Empathy	
<i>10 Things I Can Do to Help My World</i>	By Melanie Walsh	This colorful book shows ten simple things that everyone can do to help the world.	Caring, compassion, empathy, helping	Unit 2 - Empathy	
<i>How to Heal a Broken Wing</i>	By Bob Graham	A young boy finds a bird with an injured wing. With the help of his family, he nurtures and cares for the bird until it can fly again.	Caring, compassion, empathy, helping	Unit 2 - Empathy	

<i>A Little Peace</i>	By Barbara Kerley	This <i>National Geographic</i> book contains beautiful color photos along with simple text showing children around the world working toward peace in different ways.	Caring, compassion, empathy, helping, kindness, understanding perspectives	Unit 2 - Empathy	
<i>My Little Grandmother Often Forgets</i>	By Reeve Lindbergh. Illustrated by Kathryn Brown.	This is a touching story of a young boy's relationship with his increasingly forgetful grandmother. It tells of the pleasure the boy gets from being able to help his grandmother and how they enjoy their time spent together.	Caring, compassion, empathy, helping, understanding perspectives	Unit 2 - Empathy	
<i>The Story Blanket</i>	By Ferida Wolff and Harriet May Savitz. Illustrated by Elena Odriozola.	Babba Zarrah loves to knit and tell stories to children. When Babba notices that others in her village are in need, she secretly unravels yarn from her story-telling blanket so she can create something especially for them. This story shows how acts of kindness can grow into something wonderful for an entire community.	Caring, compassion, empathy, helping, understanding perspectives	Unit 2 - Empathy	
<i>Shanté Keys and the New Year's Peas</i>	By Gail Piernas-Davenport. Illustrated by Marion Eldridge.	Shanté and her grandma have a problem: Grandma forgot the black-eyed peas for the New Year's celebration, and it will be bad luck without them! While Shanté is busy searching for black-eyed peas, she discovers many other fun cultural traditions along the way.	Caring, compassion, having fun with your friends, helping, problem solving, similarities and differences	Unit 2 - Empathy	
<i>My Dog Is Lost</i>	By Ezra Jack Keats and Pat Cherr	A boy who speaks only Spanish communicates to his neighbors that his dog is lost, and the community pulls together to find the dog.	Caring, compassion, helping, identifying feelings	Unit 2 - Empathy	
<i>The Brand New Kid</i>	By Katie Couric. Illustrated by Marjorie Priceman.	When Lazlo transfers to a new school, he is teased by his classmates until two girls find the compassion to befriend him. Available in Spanish: El niño nuevo.	Caring, feelings change, identifying feelings, joining in, name-calling	Unit 2 - Empathy	
<i>George and Martha Round and Round</i>	By James Marshall	George and Martha disagree on some things but don't allow this to ruin their friendship. They learn that jokes are okay sometimes, but not at the expense of others, and that friends don't have to like the same things.	Caring, having fun with your friends, identifying feelings, similarities and differences	Unit 2 - Empathy	
<i>Clara Caterpillar</i>	By Pamela Duncan Edwards. Illustrated by Henry Cole.	Though she may not be as colorful as others when she changes into a butterfly, Clara's compassion and intelligence earn her an important place in her community.	Caring, helping	Unit 2 - Empathy	
<i>Peach and Blue</i>	By Sarah S. Kilborne. Illustrated by Steve Johnson and Lou Fancher.	A frog helps Peach see the world, while Peach helps the frog see things he hasn't noticed.	Caring, helping, identifying feelings, joining in	Unit 2 - Empathy	
<i>Little Bear's Friend</i>	By Else Holmelund Minarik. Illustrated by Maurice Sendak.	Little Bear makes a friend.	Caring, helping, joining in	Unit 2 - Empathy	
<i>Wilfrid Gordon McDonald Partridge</i>	By Mem Fox. Illustrated by Julie Vivas.	A small boy tries to discover the meaning of "memory" so that he can restore that of an elderly friend. Available in Spanish: <i>Guillermo Jorge Manuel Jose</i> .	Caring, helping, similarities and differences	Unit 2 - Empathy	
<i>Mama Provi and the Pot of Rice</i>	By Sylvia Rosa-Casanova. Illustrated by Robert Roth.	When her granddaughter comes down with the chicken pox, Mama Provi shares and trades a pot of rice with her neighbors on her way to take care of the child. They end up with a feast.	Caring, sharing, trading	Unit 2 - Empathy	
<i>Arnie and the New Kid</i>	By Nancy Carlson	A little boy learns about a classmate in a wheelchair.	Caring, similarities and differences	Unit 2 - Empathy	
<i>Snail Started It!</i>	By Katja Reider. Illustrated by Angela von Roehl.	When Snail insults Pig, he starts a chain reaction. Once he himself is hurt, he realizes that he must fix the situation. Available in Spanish: <i>Todo empezó con Caracol</i> .	Cause and effect, feelings change, identifying feelings	Unit 2 - Empathy	
<i>A to Z: Do You Ever Feel Like Me?</i>	By Bonnie Hausman. Illustrated by Sandi Fellman.	Each letter of the alphabet features a photo of a child expressing a different emotion.	Emotions	Unit 2 - Empathy	
<i>All My Feelings at Home: Ellie's Day</i>	By Susan Conlin and Susan Levine Friedman. Illustrated by M. Kathryn Smith.	The story includes common situations children will recognize and introduces language children can use to talk about and accept their feelings.	Emotions	Unit 2 - Empathy	
<i>Everybody Has Feelings: Todos Tenemos Sentimientos</i>	By Charles E. Avery	A book of photographs.	Emotions	Unit 2 - Empathy	
<i>I Got a Family</i>	By Melrose Cooper. Illustrated by Dale Gottlieb.	A young girl discusses her various loving relationships with each member of her family.	Emotions	Unit 2 - Empathy	
<i>Jafta</i>	By Hugh Lewin. Illustrated by Lisa Kopper.	An African boy describes some of his everyday feelings by comparing his actions to those of various animals.	Emotions	Unit 2 - Empathy	
<i>My Many Colored Days</i>	By Dr. Seuss. Illustrated by Steve Johnson and Lou Fancher.	Each color featured in this book represents a different emotion.	Emotions	Unit 2 - Empathy	
<i>Feelings: Inside You and Outloud Too</i>	By Barbara Kay Polland. Photographs By Craig DeRoy.	Photographs show different feelings.	Emotions, feelings	Unit 2 - Empathy	
<i>The Rainbow Fish</i>	By Marcus Pfister	The most beautiful fish in the sea is lonely until he understands that to make friends, he must give of himself to others.	Emotions, feelings change, friendship, making friends	Unit 2 - Empathy	
<i>George and Martha</i>	By James Marshall	Five stories about two great friends who teach each other about dignity, honesty, trust, privacy, and the value of friendship. Available in Spanish: <i>Jorge y Marta</i> .	Empathy, self-esteem	Unit 2 - Empathy	
<i>Howard B. Wigglebottom Listens to His Heart</i>	By Howard Binkow. Illustrated by Susan F. Cornelson.	This illustrated book for children ages four to eight tells the story of Howard B. Wigglebottom, a bunny who loves to dance. When his schoolmates make fun of him, Howard stops dancing and tries anything he can to be cool—including singing, basketball, art, and running—but none of those things make him happy. Then one day, with a little help from his grandfather, Howard decides listen to his heart, with wonderful results.		Unit 2 - Empathy	
<i>Ira Sleeps Over</i>	By Bernard Waber	Ira is excited at the prospect of sleeping over at his friend's house, but worried about how he'll get along without his teddy bear.	Fear	Unit 2 - Empathy	

<i>White Dynamite and Curly Kidd</i>	By Bill Martin, Jr., and John Archambault. Illustrated by Ted Rand.	When she feels afraid, a girl thinks nice thoughts about where she'd like to travel to and about growing up to become a bull rider like her dad.	Fear	Unit 2 - Empathy	
<i>Teddy Bear Tears</i>	By Jim Aylesworth. Illustrated by Jo Ellen McAllister-Stammen.	Each of four beloved teddy bears fears something at bedtime, and as a little boy explains away each fear, he makes the nighttime worry-free for himself too.	Fear, feelings change, identifying feelings	Unit 2 - Empathy	
<i>Wemberly Worried</i>	By Kevin Henkes	Wemberly worries about everything, especially starting school, until she meets her teacher and makes a friend.	Fear, feelings change, identifying feelings, joining in	Unit 2 - Empathy	
<i>Anna Banana and Me</i>	By Lenore Blegvad. Illustrated by Erik Blegvad.	A little girl's fearlessness inspires a friend to face his own fears. Available in Spanish: <i>Ana Banana y yo</i> .	Fear, helping, identifying feelings	Unit 2 - Empathy	
<i>Sheila Rae, The Brave</i>	By Kevin Henkes	When a brave mouse who usually looks out for her sister becomes lost and scared one day, her sister comes to the rescue.	Fear, helping, identifying feelings	Unit 2 - Empathy	
<i>Kindergarten Rocks!</i>	By Katie Davis	Dexter is about to start kindergarten. He's not scared, but his stuffed dog, Rufus, is very worried. Rufus is worried about riding the bus, getting lunch, making friends, that his teacher will be mean, and many other things. Dexter's older sister, Jessie, suggests that Dexter give Rufus a hug when he feels worried. She then tells him, "But don't worry, kindergarten rocks!" Soon Dexter and Rufus find out that kindergarten really does "rock!"	Fear, starting school, strong feelings	Unit 2 - Empathy	
<i>Green Eggs and Ham</i>	By Dr. Seuss	Sam I Am tries to convince his friend to eat something he doesn't want. Available in Spanish: <i>Huevos verdes con jamón</i> .	Feelings change	Unit 2 - Empathy	
<i>Alexander and the Wind-Up Mouse</i>	By Leo Lionni	Alexander, a real mouse, makes friends with Willy, a wind-up mouse. Alexander wants to become a wind-up mouse like Willy but ends up helping Willy become real.	Feelings change, friendship	Unit 2 - Empathy	
<i>David's Drawings</i>	By Cathryn Falwell.	A shy boy arriving at a new school makes friends with his classmates by letting them join in with a drawing he is doing. Available in Spanish: <i>Los Dibujos de David</i> .	Feelings change, friendship, joining in	Unit 2 - Empathy	
<i>Cleversticks</i>	By Bernard Ashley. Illustrated by Derek Brazell.	Just when it seems like he is the only person in his class who doesn't have a talent, Ling Sung realizes he has a skill none of his other classmates have mastered.	Feelings change, frustration, identifying feelings	Unit 2 - Empathy	
<i>Best Friends for Frances</i>	By Russell Hoban. Illustrated by Lillian Hoban.	Frances teaches Albert about friendship and learns to appreciate her little sister Gloria while doing so.	Feelings change, having fun with your friends, identifying feelings	Unit 2 - Empathy	
<i>Enemy Pie</i>	By Derek Munson. Illustrated by Tara Calahan King.	With his father's help, a little boy learns an effective recipe for turning an enemy into a friend. Available in Spanish: <i>Pastel para enemigos</i> .	Feelings change, having fun with your friends, identifying feelings	Unit 2 - Empathy	
<i>Jessica</i>	By Kevin Henkes	A little girl has an imaginary friend.	Feelings change, having fun with your friends, identifying feelings	Unit 2 - Empathy	
<i>Rachel Parker, Kindergarten Show-Off</i>	By Ann Martin. Illustrated by Nancy Poydar.	Five-year-old Olivia's new neighbor, Rachel, is in her kindergarten class, and they must overcome feelings of jealousy and competitiveness to be friends.	Feelings change, having fun with your friends, identifying feelings	Unit 2 - Empathy	
<i>The Hating Book</i>	By Charlotte Zolotow. Illustrated by Ben Spector.	Through a misunderstanding, two friends snub each other and are unhappy until they finally talk and straighten things out.	Feelings change, having fun with your friends, identifying feelings	Unit 2 - Empathy	
<i>A Friend Like Ed</i>	By Karen Wagner. Illustrated by Janet Pedersen.	Mildred accepts her best friend, Ed, even though he is eccentric sometimes.	Feelings change, having fun with your friends, identifying feelings, similarities and differences	Unit 2 - Empathy	
<i>Jazzbo and Googy</i>	By Matt Novak	Best buddies Jazzbo and Big Bear become friends with messy Googy.	Feelings change, helping, identifying feelings, joining in	Unit 2 - Empathy	
<i>Big Al</i>	By Andrew Clements. Illustrated by Yoshi.	Although Big Al is friendly, the other fish are afraid to go near him. But when Al saves the fish from the fishermen's nets, he makes a sea full of friends.	Feelings change, helping, similarities and differences	Unit 2 - Empathy	
<i>The Quarreling Book</i>	By Charlotte Zolotow. Illustrated by Arnold Lobel.	It's one of those days when things go from bad to worse until a dog starts the chain again, this time on the right track.	Feelings change, identifying feeling	Unit 2 - Empathy	
<i>A Bad Case of Stripes</i>	By David Shannon	Camilla is so concerned about what others think that she is untrue to herself and comes down with a bizarre illness. Available in Spanish: <i>Un caso grave de rayas</i> .	Feelings change, identifying feelings	Unit 2 - Empathy	
<i>Because Brian Hugged His Mother</i>	By David L. Rice. Illustrated by K. Dyble Thompson.	When Brian hugs and kisses his mother one morning, the act starts a chain reaction of kindness and consideration that spreads throughout the town and eventually comes back to him.	Feelings change, identifying feelings	Unit 2 - Empathy	
<i>Cameron and Me</i>	By Dorothy Joan Harris. Illustrated by Marilyn Mets.	Unhappy with his baby brother Cameron, a boy distances himself until another sibling is born, when he finds that he and Cameron have something in common after all.	Feelings change, identifying feelings	Unit 2 - Empathy	
<i>Now One Foot, Now the Other</i>	By Tomie dePaola	When his grandfather has a stroke, Bobby is afraid at first, but he overcomes his fear.	Feelings change, identifying feelings	Unit 2 - Empathy	
<i>There's No Such Thing As a Dragon</i>	By Jack Kent	The small dragon Billy finds grows bigger and bigger until the adults acknowledge its existence.	Feelings change, identifying feelings	Unit 2 - Empathy	
<i>Willie's Not the Hugging Kind</i>	By Joyce Durham Barrett. Illustrated by Pat Cummings.	A little boy discovers he needs hugs after all.	Feelings change, identifying feelings	Unit 2 - Empathy	
<i>Don't Need Friends</i>	By Carolyn Crimi. Illustrated by Lynn Munsinger.	After his best friend moves away, Rat rudely rebuffs the efforts of the other residents of the junkyard to be friendly until he and a grouchy old dog decide that they need each other.	Feelings change, identifying feelings, joining in	Unit 2 - Empathy	
<i>The Blushful Hippopotamus</i>	By Chris Raschka	Roosevelt's self-image improves as he begins to listen to his friend instead of his negative older sister.	Feelings change, identifying feelings, joining in	Unit 2 - Empathy	

<i>Be Good to Eddie Lee</i>	By Virginia Fleming. Illustrated by Floyd Cooper.	Although Christy considers him a pest, Eddie Lee, a boy with Down syndrome, shares several special discoveries with her.	Feelings change, identifying feelings, similarities and differences	Unit 2 - Empathy	
<i>Old Henry</i>	By Joan W. Blos. Illustrated by Stephen Gammell.	Henry's neighbors try to make him clean up his property and be more like them until he goes away and they begin to miss him.	Feelings change, identifying feelings, similarities and differences	Unit 2 - Empathy	
<i>Pugdog</i>	By Andrea U'Ren	When Mike learns Pugdog is a female, he begins to treat her differently.	Feelings change, identifying feelings, similarities and differences	Unit 2 - Empathy	
<i>The Loudness of Sam</i>	By James Proimos	A young boy who has always been allowed to express his feelings as loudly as he wants teaches his aunt to do the same.	Feelings change, identifying feelings, similarities and differences	Unit 2 - Empathy	
<i>Yoko</i>	By Rosemary Wells	When her teacher realizes that the handmade sushi Yoko's mother packs for her lunch sets her apart from other students, she organizes an international potluck. Available in Spanish: <i>Yoko</i> .	Feelings change, identifying feelings, similarities and differences	Unit 2 - Empathy	
<i>100th Day Worries</i>	By Margery Cuyler. Illustrated by Arthur Howard.	Jessica worries about collecting 100 objects to take for the 100th day of school.	Feelings change, identifying feelings, strong feelings	Unit 2 - Empathy	
<i>Crickwing</i>	By Janell Cannon	A lonely cockroach named Crickwing has a creative idea that saves the day for the leaf-cutting ants when their fierce forest enemies attack them. Available in Spanish: <i>Alatorcida</i> .	Feelings change, identifying feelings, strong feelings	Unit 2 - Empathy	
<i>Louie's Search</i>	By Ezra Jack Keats	Louie goes out looking for a father and instead finds a music box, which he's accused of stealing.	Feelings change, identifying feelings, strong feelings	Unit 2 - Empathy	
<i>Today I Feel Silly: And Other Moods That Make My Day</i>	By Jamie Lee Curtis. Illustrated by Laura Cornell.	A young girl names 13 different feelings. She then describes what triggers each feeling and how she reacts. Playful watercolors help bring each description to life.	Feelings, feelings change, identifying feelings, strong feelings	Unit 2 - Empathy	
<i>Feelings to Share from A to Z</i>	By Todd Snow and Peggy Snow. Illustrated by Carrie Hartman.	Arranged in alphabetical order, vivid color illustrations show a diverse array of children demonstrating a range of feelings.	Feelings, identifying feelings	Unit 2 - Empathy	
<i>Dealing with Feelings Series</i>	By Elizabeth Crary. Illustrated by Jean Whitney.	This series of books acknowledges specific feelings and offers safe and creative ways to express these feelings. The series includes the following titles: <i>I'm Mad, I'm Frustrated, I'm Proud, I'm Furious, I'm Scared, and I'm Excited</i> .	Feelings, identifying feelings, strong feelings	Unit 2 - Empathy	
<i>Feelings</i>	By Aiki	Pictures, dialogues, poems, and stories portray various emotions we all feel. Some of the feelings described include jealousy, sadness, fear, anger, joy, and love.	Feelings, identifying feelings, strong feelings	Unit 2 - Empathy	
<i>Glad Monster Sad Monster</i>	By Ed Emberley and Anne Miranda.	Fun, lovable monsters describe what makes them feel happy, sad, loving, worried, silly, and angry. Included are fold-out "feelings" masks for children to try out.	Feelings, identifying feelings, strong feelings	Unit 2 - Empathy	
<i>Lots of Feelings</i>	By Shelley Rotner	This collection of close-up photographs of children shows how their faces express a variety of different feelings.	Feelings, identifying feelings, strong feelings	Unit 2 - Empathy	
<i>My Heart Is Like a Zoo</i>	By Michael Hall	Bright illustrations of zoo animals and rhyming text help young children identify and name many different feelings.	Feelings, identifying feelings, strong feelings	Unit 2 - Empathy	
<i>On Monday When It Rained</i>	By Cherryl Kachenmeister. Photographs by Tom Berthiaume.	A young boy describes, through text and photographs of his facial expressions, the different emotions he feels each day. Before revealing the feeling to children, see if they can name the feeling using the physical clues in the photograph and the description of what is happening.	Feelings, identifying feelings, strong feelings	Unit 2 - Empathy	
<i>The Way I Feel</i>	By Janan Cain	Simple rhymes that describe a range of feelings are matched with brightly colored illustrations. Available in Spanish: <i>Así Me Siento Yo</i> .	Feelings, identifying feelings, strong feelings	Unit 2 - Empathy	
<i>Magnificent Marvelous Me</i>	By Art with Heart	The book <i>Magnificent Marvelous Me!</i> was created to help children ages 12 and under explore their emotions in uplifting, encouraging, and age-appropriate ways. Its over 40 drawing and coloring activities engage and invite them to communicate their needs and engage in a conversation about how they feel. Each activity is based in therapy, providing a safe place for them to explore and express what's in their hearts. The book is designed to help children recognize their emotions and moods, improve communication, and increase self-image and self-awareness. All proceeds help Art with Heart help more children through the power of creativity.	Feelings, self exploration/reflection	Unit 2 - Empathy	
<i>Welcome to Kindergarten</i>	By Anne Rockwell	Tim is nervous about his first day of kindergarten. It seems so big and scary! Tim and his mother visit his new classroom and meet his new teacher, where they find out about all the new things and ways that kindergarteners learn. Tim decides that kindergarten is not so big and scary after all. He can't wait to start school!	Feelings, starting school, welcoming	Unit 2 - Empathy	
<i>Jeremiah Learns to Read</i>	By JoEllen Bogart. Illustrated by Laura Fernandez and Rick Jacobson.	Although Jeremiah is talented at many things, he doesn't know how to read. When he decides to learn, he not only excels, but teaches his teacher and her students to do many new things. Available in Spanish: <i>Tomás aprende a leer</i> .	Helping, identifying feelings, similarities and differences	Unit 2 - Empathy	
<i>Amanda Pig on Her Own</i>	By Jean Van Leeuwen. Illustrated by Ann Schweninger	Amanda discovers the troubles and joys of being by herself.	Identifying feelings	Unit 2 - Empathy	
<i>I Like Me!</i>	By Nancy Carlson	A little pig likes and accepts herself. Available in Spanish: <i>¡Me gusto como soy!</i>	Identifying feelings	Unit 2 - Empathy	
<i>Jamaica Tag-Along</i>	By Juanita Havill. Illustrated by Anne Sibley O'Brien.	A little girl is feeling left out by her older brother.	Identifying feelings, joining in	Unit 2 - Empathy	

<i>Three Cheers for Catherine the Great!</i>	By Cari Best. Illustrated by Giselle Potter.	When her grandmother announces she doesn't want gifts for her birthday, Sara struggles to figure out what she has of herself to give.	Identifying feelings, preferences, reflection	Unit 2 - Empathy	
<i>Ira Says Goodbye</i>	By Bernard Waber	Ira is surprised to discover that his best friend, Reggie, feels happy about having to move to a new town.	Identifying feelings, similarities and differences	Unit 2 - Empathy	
<i>Max</i>	By Bob Graham	Max, the son of superheroes, is late in learning how to fly.	Identifying feelings, similarities and differences	Unit 2 - Empathy	
<i>Moonbear's Pet</i>	By Frank Asch	Bear and Little Bird find a baby fish in their pond and decide to keep her for a pet, but when she starts to sprout wings, or maybe paws, each thinks the fish wants to be like him, which puts a strain on their friendship.	Identifying feelings, similarities and differences	Unit 2 - Empathy	
<i>Julius, the Baby of the World</i>	By Kevin Henkes	Lilly is convinced that the arrival of her new baby brother is the worst thing that has happened in their house until cousin Garland comes to visit. Available in Spanish: <i>Julius, el rey de la casa.</i>	Identifying feelings, strong feelings, feelings change	Unit 2 - Empathy	
<i>Crow Boy</i>	By Taro Yashima	A boy who is different from his classmates attends school for six years in a village in Japan before a caring teacher recognizes and appreciates his difference and teaches the others to do the same. Caldecott Honor Book.	Similarities and differences	Unit 2 - Empathy	
<i>Hey, Little Ant</i>	By Phillip Hoose and Hannah Hoose. Illustrated by Debbie Tilley.	An ant pleads with a boy not to squash him. Can be read as a story; comes with musical notation. Available in Spanish: <i>Oye, Hormigueta.</i>	Similarities and differences	Unit 2 - Empathy	
<i>How My Parents Learned to Eat</i>	By Ina R. Friedman. Illustrated by Allen Say.	An American sailor courts a Japanese woman, and each tries, in secret, to learn the other's way of eating.	Similarities and differences	Unit 2 - Empathy	
<i>Leo the Late Bloomer</i>	By Robert Kraus. Illustrated by Jose Aruego.	Leo the lion can't seem to do anything right, but with time, and his mother's understanding, he blooms. Available in Spanish: <i>Leo el capullo tardío.</i>	Similarities and differences	Unit 2 - Empathy	
<i>Louie</i>	By Ezra Jack Keats	Louie, who never talks and has no friends, falls in love with a puppet at a puppet show.	Similarities and differences	Unit 2 - Empathy	
<i>Sisters</i>	By David McPhail	Though two sisters are different in many ways, they are alike too. Available in Spanish: <i>Hermanas.</i>	Similarities and differences	Unit 2 - Empathy	
<i>Stellaluna</i>	By Janell Cannon	After she falls headfirst into a bird's nest, a baby bat is raised like a bird until she is reunited with her mother. Available in Spanish: <i>Stellaluna.</i>	Similarities and differences	Unit 2 - Empathy	
<i>Why Am I Different?</i>	By Norma Simon. Illustrated by Dora Leder.	This book portrays everyday situations in which children see themselves as different in family life, preferences, and aptitudes, and yet feel that being different is all right.	Similarities and differences	Unit 2 - Empathy	
<i>Howard B. Wigglebottom Blends in Like Chameleons</i>	By Howard Binkow and Susan F. Cornelson.	Howard learns about sympathy, empathy, and belonging. A book in the award-winning Howard B. Wigglebottom series. Tips/lessons included.	Sympathy, empathy, belonging	Unit 2 - Empathy	
<i>Porcupine's Pajama Party</i>	By Terry Webb Harshman. Illustrated by Doug Cushman.	When Porcupine's two friends sleep over, they watch a scary movie, talk about what they're each scared of, and show each other that they don't need to be afraid.	Fear, having fun with your friends, identifying feelings	Unit 2 - Empathy Unit 4 - Problem Solving	
<i>Scaredy Squirrel Makes a Friend</i>	By Melanie Watt	Scaredy Squirrel wants to make a friend. But he is afraid if he tries, he might get bitten. When Scaredy overcomes his fears and changes his ideas about the best way to make a friend, he finally makes a most unlikely friend.	Fear, having fun with your friends, making friends	Unit 2 - Empathy Unit 4 - Problem Solving	
<i>Fancy Nancy: Bonjour Butterfly</i>	By Jane O'Connor. Illustrated by Robin Preiss Glasser.	Fancy Nancy can't go to her friend's "butterfly" birthday party because she has to go grandparents' anniversary party instead. She is more than disappointed. She's furious! Nancy must deal with her disappointment so she can have a good time at her grandparents' party.	Anger, calming down, disappointment, emotion management, strong feelings	Unit 3 - Emotion Management	
<i>First Grade Stinks!</i>	By Mary Ann Rodman. Illustrated by Beth Spiegel.	Haley and her friend Ryan have different feelings about starting first grade. Ryan feels grown-up, while Haley misses the fun, less-structured time of kindergarten. When Haley has trouble coping with all the new demands of first grade, her teacher identifies her feelings and helps her calm down.	Anger, calming down, emotion management, fear, identifying feelings, starting school, strong feelings, worry	Unit 3 - Emotion Management	
<i>When I Feel Angry</i>	By Cornelia Maude Spelman. Illustrated by Nancy Cote.	Bunny, the main character of this story, describes when she feels angry and what she does not to act in angry ways.	Anger, calming down, emotion management, feelings, identifying feelings, strong feelings	Unit 3 - Emotion Management	
<i>When Sophie Gets Angry—Really, Really Angry...</i>	By Molly Bang	This story describes in words and pictures how many children feel when they are really angry. Caldecott Honor Book.	Anger, calming down, emotion management, feelings, identifying feelings, strong feelings	Unit 3 - Emotion Management	
<i>Emily's Tiger</i>	By Miriam Latimer	Emily has a "tiger" living inside of her. Whenever she is frustrated or angry her tiger comes out and causes trouble. With her Granny's help, Emily learns to control her frustration and anger so that her tiger won't cause trouble anymore.	Anger, calming down, emotion management, frustration, identifying feelings, strong feelings	Unit 3 - Emotion Management	
<i>Cool Down and Work Through Anger</i>	By Cheri J. Meiners	This simple, child-friendly book offers many examples of children experiencing and calming down their anger.	Anger, calming down, emotion management, problem solving, strong feelings	Unit 3 - Emotion Management	
<i>Mouse Was Mad</i>	By Linda Urban. Illustrated by Henry Cole.	Mouse is "hopping" mad. Then he finds out he is hopping all wrong. So he tries stomping, screaming, and other ways of being mad, but he just can't do any of them right. Finally, he tries being quiet and still and discovers that way feels best of all.	Anger, calming down, emotion management, strong feelings	Unit 3 - Emotion Management	
<i>Sometimes I'm Bombaloo</i>	By Rachel Vail. Illustrated by Yumi Heo.	Katie turns into a Bombaloo when she is mad. A Bombaloo hits, screams, and does mean things. She gets control of her anger by spending some time alone to calm down. The Bombaloo is gone and she feels like Katie again!	Anger, calming down, emotion management, strong feelings	Unit 3 - Emotion Management	

Howard B. Wigglebottom Learns It's OK to Back Away	By Howard Binkow and Susan F. Cornelson.	Howard B. Wigglebottom, a bunny who sometimes has trouble managing his anger, acts impulsively and gets into trouble until his friend Ali teaches him to listen to his tummy to figure out if he's feeling scared, hungry, or irritated, and helps him practice his calming-down skills.	Anger, calming down, emotion management, strong feelings	Unit 3 - Emotion Management	
<i>Angry Arthur</i>	By Hiawyn Oram. Illustrated by Satoshi Kitamura.	When his mother won't let him stay up, Arthur becomes so angry that he creates a thunderstorm, hurricane, and universe quake, which begin to quiet down as Arthur's temper does. Available in Spanish: <i>Fernando furioso</i> .	Anger, calming down, feelings change	Unit 3 - Emotion Management	
<i>The Chocolate-Covered-Cookie Tantrum</i>	By Deborah Blumenthal. Illustrated by Harvey Stevenson.	Seized with a desire for a cookie while in the park, Sophie discovers that throwing a terrible tantrum will not get her what she wants.	Anger, calming down, feelings change, identifying feelings	Unit 3 - Emotion Management	
<i>Lilly's Purple Plastic Purse</i>	By Kevin Henkes	Lilly loves everything about school, especially her teacher, but when he asks her to wait a while before showing her purse, she does something for which she is very sorry later. Available in Spanish: <i>Lily y su bolso de plástico morado</i> .	Anger, calming down, identifying feelings	Unit 3 - Emotion Management	
<i>Getting Used to Harry</i>	By Cari Best. Illustrated by Diane Palmisciano.	When her mother marries Harry, Cynthia finds that she has to adjust to changes in her life at home and share time with Harry.	Anger, feelings change, identifying feelings	Unit 3 - Emotion Management	
<i>Anh's Anger</i>	By Gail Silver. Illustrated by Christiane Krömer.	Anh is building his "best-ever" tower when his grandfather interrupts him for dinner. Anh explodes with fury. Anh "takes his anger" to his room, where he finally calms down by deep breathing. He then is able to talk to his grandfather about his feelings.	Anger, feelings, breathing, calming down, emotion management, identifying feelings, strong feelings	Unit 3 - Emotion Management	
<i>Harriet, You'll Drive Me Wild!</i>	By Mem Fox. Illustrated by Marla Frazee.	Despite considerable effort, Harriet's mother loses her temper, and then regains it.	Anger, identifying feelings, strong feelings	Unit 3 - Emotion Management	
<i>Silly Billy</i>	By Anthony Browne	Billy worries about everything. His grandmother offers a solution—her Guatemalan worry dolls. Billy soon finds that having someone to talk to about what is worrying you is all you need.	Anxiety, calming down, caring, compassion, emotion management, fear, helping	Unit 3 - Emotion Management	
<i>Froggy Goes to School</i>	By Jonathan London. Illustrated by Frank Remkiewicz.	It's Froggy's first day of school, and he's nervous! The illustrations and simple words show children how Froggy successfully makes it through his first day.	Anxiety, caring, compassion, empathy, helping, kindness, starting school, strong feelings, welcoming	Unit 3 - Emotion Management	
<i>Smile!</i>	By Leigh Hodgkinson	Sunny is usually a happy girl, but not today. She is disappointed because her mom says she can't have more cookies before dinner. Sunny has lost her smile. She searches for it everywhere. She finally finds it when she finds a way to overcome her disappointment.	Calming down, disappointment, emotion management, strong feelings	Unit 3 - Emotion Management	
<i>Sometimes You Get What You Want</i>	By Lisa Brown and Meredith Gary.	A young brother and sister experience the joy of getting what they want and the disappointment of not getting what they want during a typical day. There are many places to discuss with children the disappointment you feel when you don't get what you want and ways you can manage that disappointment.	Calming down, disappointment, emotion management, strong feelings	Unit 3 - Emotion Management	
<i>Sometimes I'm Scared</i>	By Jane Annunziata and Marc Nemiroff. Illustrated by Bryan Langdo.	This book addresses several common childhood fears. It then gives simple advice to children on how they can deal with those fears.	Calming down, emotion management, fear, feelings, strong feelings	Unit 3 - Emotion Management	
<i>I'm Frustrated</i>	By Elizabeth Crary	The interactive format of this book allows the reader to choose one of several suggestions for dealing with frustration along with a page number. You then turn to that page to see the result of your choice, along with more choices.	Calming down, emotion management, feelings, frustration, identifying feelings, strong feelings	Unit 3 - Emotion Management	
<i>When I Feel Sad</i>	By Cornelia Maude Spelman. Illustrated by Kathy Parkinson.	The main character of this story, a young guinea pig, goes through several situations that make her feel sad. Talking to an adult helps her understand that it is okay to feel sad and that she will be happy again.	Calming down, emotion management, feelings, identifying feelings, sad, strong feelings	Unit 3 - Emotion Management	
<i>Alexander and the Terrible, Horrible, No Good, Very Bad Day</i>	By Judith Viorst. Illustrated by Ray Cruz.	Alexander is having a bad day. Nothing seems to be going his way. Use this book to help children learn to focus on what is happening as a way for them to identify how someone feels. Available in Spanish: <i>Alexander y el día terrible, horrible, espantoso, horroso</i> .	Calming down, emotion management, feelings, identifying feelings, strong feelings	Unit 3 - Emotion Management	
<i>When I Am / Cuando Estoy</i>	By Gladys Rosa-Mendoza. Illustrated by Dana Regan.	This book describes and names feelings that children have in everyday situations with pictures and words in both English and Spanish. It then suggests ways to deal with these feelings.	Calming down, emotion management, feelings, identifying feelings, strong feelings	Unit 3 - Emotion Management	
<i>Is a Worry Worrying You?</i>	By Ferida Wolff and Harriet May Savitz. Illustrated by Marie LeTourneau.	This humorous book addresses many common and not-so-common childhood worries. It then provides practical solutions for dealing with these worries.	Calming down, emotion management, feelings, identifying feelings, worry	Unit 3 - Emotion Management	
<i>Something Might Happen</i>	By Helen Lester. Illustrated by Lynn Munsinger.	Twitichly Fidget is afraid of almost everything. He is so afraid that he won't go anywhere or do anything because something might happen. But after talking with his Aunt Bridget about his fears, he finds that he is not afraid anymore.	Calming down, emotion management, feelings, identifying feelings, worry	Unit 3 - Emotion Management	
<i>The Worrywarts</i>	By Pamela Duncan Edwards. Illustrated by Henry Cole.	Wombat, Woodchuck, and Weasel are worrywarts. They worry about everything—with a capital W! Alliteration and silly illustrations are used to help children learn about managing worried feelings, as well as lots of new w-words!	Calming down, emotion management, feelings, identifying feelings, worry	Unit 3 - Emotion Management	
<i>Let's Talk About Being Patient</i>	By Joe Berry. Illustrated by Maggie Smith.	This book describes common situations in which children must wait. It explores how children feel when they have to wait, and what they can do to make waiting easier.	Calming down, emotion management, focusing attention, waiting	Unit 3 - Emotion Management	
<i>Wait Till the Moon Is Full</i>	By Margaret Wise Brown. Illustrated by Garth Williams.	A little raccoon learns patience as he waits until the moon is full so he can go outside and explore the night.	Calming down, emotion management, focusing attention, waiting	Unit 3 - Emotion Management	

<i>Wait, Hoho, Wait!</i>	By Alison Inches	Hoho is having a hard time waiting to ride in a toy car. His friend Kai-Lan shows him that if you do something that you like while you are waiting, it is much easier to be patient.	Calming down, emotion management, focusing attention, waiting	Unit 3 - Emotion Management	
<i>I Am Too Absolutely Small for School</i>	By Lauren Child	Charlie helps his little sister, Lola, prepare for going to school for the first time. Using lots of encouragement, Charlie eventually persuades Lola that going to school is what she needs to do.	Calming down, emotion management, friendship, problem solving, starting school, worry	Unit 3 - Emotion Management	
<i>Beautiful Oops</i>	By Barney Saltzberg	Frustration is a common feeling for young children when they work on their fine motor skills. Instead of focusing on the frustration of making mistakes, this book has children celebrate their mistakes. It shows how mistakes are really opportunities to create something beautiful.	Calming down, emotion management, frustration, identifying feelings, making mistakes, strong feelings	Unit 3 - Emotion Management	
<i>Shy Spaghetti and Excited Eggs: A Kid's Menu of Feelings</i>	By Marc Nemiroff and Jane Annuziata. Illustrated by Christine Battuz.	This easy-to-use book helps children recognize and identify their feelings. It then gives suggestions for what to do to keep strong feelings from getting out of control.	Calming down, emotion management, identifying feelings, self-control	Unit 3 - Emotion Management	
<i>I Can't Wait</i>	By Elizabeth Crary. Illustrated by Marina Megale.	Luke wants a turn on tumbling mat but doesn't want to wait. In this interactive story, the reader helps Luke decide what to do.	Calming down, emotion management, problem solving, waiting	Unit 3 - Emotion Management	
<i>Pete the Cat: I Love My White Shoes</i>	By Eric Litwin. Illustrated by James Dean.	Pete the Cat uses positive self-talk to keep calm each time he steps into a different-colored mess while wearing his new white shoes. Accompanying music can be downloaded from the web for free with some publications.	Calming down, emotion management, self-talk	Unit 3 - Emotion Management	
<i>First Day Jitters</i>	By Julie Danneberg. Illustrated by Judy Love.	Sarah Jane Hartwell has many worries about starting school: she doesn't know anyone, no one will like her, and it's hard. Reassuring Mr. Hartwell finally convinces her that she will do just fine. In the end, it is revealed that Sarah Jane is the teacher—letting children know that they are not the only ones who have first-day jitters.	Calming down, emotion management, starting school, worry	Unit 3 - Emotion Management	
<i>Where the Wild Things Are</i>	By Maurice Sendak	When mischievous Max is punished, he works out his anger through imagination, sailing off to be king in a land of wild creatures. Available in Spanish: <i>Donde viven los monstruos</i> .	Calming down, feelings change, identifying feelings, strong feelings	Unit 3 - Emotion Management	
<i>Mr. Topaz Takes a Walk</i>	By Tracey Jude. Illustrated by Jake Murray.	When Mr. Topaz the Cat gets angry with his friend Miss Tinky the Dog, he uses several techniques to calm down including walking, dancing, marching, counting, self-talk, and breathing. When he is calm, Mr. Topaz and Miss Tinky discover it feels better to have fun with your friends than be angry.	Calming down, having fun with friends, problem solving, self-talk, waiting	Unit 3 - Emotion Management	
<i>The Rat and the Tiger</i>	By Keiko Kasza	Rat and Tiger are best friends. However, there is a problem in their friendship: Tiger always gets what he wants. One day Rat has enough. They must work it out if they want to remain friends.	Calming down, having fun with your friends, problem solving, strong feelings, thinking of solutions	Unit 3 - Emotion Management	
<i>Talk and Work It Out</i>	By Cheri J. Meiners	The children in this book demonstrate calming down when you have strong feelings before solving problems. They use words to say the problem, before they think of solutions.	Calming down, problem solving, strong feelings, thinking of solutions	Unit 3 - Emotion Management	
<i>The Playground Problem</i>	By Margaret McNamara. Illustrated by Mike Gordon.	Emma is mad. The problem: the boys won't let the girls play soccer with them at recess. This beginning-reader book gives a clear example of working through a playground problem using problem-solving steps. Early reader.	Calming down, problem solving, strong feelings, thinking of solutions	Unit 3 - Emotion Management	
<i>Draw It Out</i>	By Art with Heart	An interactive, therapeutic activity book written for elementary-aged children who are dealing with the pain of loss.	Dealing with and overcoming kinds of loss (death, separation, illness), expressing grief and acquiring coping skills	Unit 3 - Emotion Management	
<i>We Are Best Friends</i>	By Alike	When Robert's best friend Peter moves away, both are unhappy, but they learn that they can make new friends and still remain best friends.	Disappointment, feelings change, identifying feelings	Unit 3 - Emotion Management	
<i>Mommy, Don't Go</i>	By Elizabeth Crary. Illustrated by Marina Megale.	Matthew's mother is going away on a trip and he will have to stay with a babysitter.	Disappointment, frustration	Unit 3 - Emotion Management	
<i>I'm Your Bus</i>	By Marilyn Singer. Illustrated by Evan Polenghi.	This friendly rhyming story helps ease young children's fears about riding a school bus for the first time. Children learn all about the day of a school bus along with some important safety rules.	Emotion management, fear, following directions, starting school	Unit 3 - Emotion Management	
<i>Will I Have a Friend?</i>	By Miriam Cohen. Illustrated by Ronald Himler.	This recently updated (2009) classic tale addresses many children's fears about making new friends in kindergarten. The boy in this story enters his new school anxious about whether or not he will have a friend. He spends the day listening, watching, waiting, and then finally finds a friend by sharing.	Emotion management, fear, making friends, problem solving, sharing, starting school, strong feelings	Unit 3 - Emotion Management	
<i>Sumi's First Day of School Ever</i>	By Soyung Pak. Illustrated by Joung Un Kim.	Sumi is a young Korean child who doesn't speak English. She is nervous about her first day of school in America. Sumi feels lonely and afraid. But soon a kind teacher and friendly classmate reach out to Sumi, giving her a sense of belonging. This book is good not only for easing the fears of English-language learners starting school in a new country, but also for conveying the importance of being inclusive, kind, and making new friends to all children.	Emotion management, fear, making friends, problem solving, similarities and differences, starting school, strong feelings	Unit 3 - Emotion Management	
<i>It's Hard to Be Five: Learning How to Work My Control Panel</i>	By Jamie Lee Curtis and Laura Cornell	This book describes the feelings that many young children go through as they struggle with learning self-control.	Emotion management, feelings, focusing attention, ignoring distractions, respect, self-control, strong feelings, waiting	Unit 3 - Emotion Management	

<i>Hungry Monsters: A Book of Colors</i>	By Matt Mitter. Illustrated by Jo Brown.	This rhyming, colorful pop-up book asks children: what do hungry monsters eat? Use this book to help your children not only identify colors, but also identify what it feels like to be surprised, as you turn each page to discover a surprise pop-up of what is in the monsters' mouths.	Emotion management, feelings, surprise, strong feelings	Unit 3 - Emotion Management	
<i>Hello School Bus!</i>	By Marjorie Blain Parker. Illustrated by Bob Kolar.	This simple, rhyming text describes the experience of a riding a school bus. The book is for beginning readers, but also appropriate to read aloud to children.	Emotion management, following directions, starting school	Unit 3 - Emotion Management	
<i>Staying Safe on the School Bus</i>	By Joanne Mattern	Clear color photos and simple text show children what to expect when riding a school bus for the first time, and teach them how to ride the school bus safely.	Emotion management, following directions, starting school	Unit 3 - Emotion Management	
<i>Meet the Barkers: Morgan & Moffat Go to School</i>	By Tomie dePaola	Moffie and Morgie are twins. They are just starting kindergarten. Moffie is determined to be the best in the class, while Morgie is quietly making friends. Moffie and Morgie soon learn from each other the importance of doing well in school as well as making and keeping friends.	Emotion management, friendship, making friends, problem solving, starting school	Unit 3 - Emotion Management	
<i>Angry Octopus: A Relaxation Story</i>	By Lory Lite. Illustrated by Max Stasuyk.	Octopus is ready to explode with anger because lobsters have wrecked his seashell garden. He soon meets a sea child who helps him calm down by showing him how to make his body relax, take deep breaths, and think happy thoughts.	Anger, breathing, calming down, emotion management, self-talk, strong feelings	Unit 3 - Emotion Management	
<i>Betty Lou Blue</i>	By Nancy Crocker. Illustrated by Boris Kulikov.	Betty Lou Blue's classmates constantly tease her about her abnormally large feet. Betty tries to ignore the teasing but she still feels hurt. One day, all that changes when Betty and her classmates realize that there is something very special about Betty and her very large feet.	Accepting differences, helping, name-calling, problem solving, strong feelings, teasing, understanding perspectives	Unit 3 - Emotion Management Unit 4 - Problem Solving	
<i>My Secret Bully</i>	By Trudy Ludwig. Illustrated by Abigail Marble.	When Monica's friend Katie begins to call her names in front of other kids at school, she feels betrayed and isolated. But with help from her mother, Monica reclaims her confidence and learns the difference between someone who bullies and a true friend.	Bullying, exclusion, friendship, name-calling, problem solving, strong feelings	Unit 3 - Emotion Management Unit 4 - Problem Solving	
<i>Just Kidding</i>	By Trudy Ludwig. Illustrated by Adam Gustavson.	D.J.'s friend Vince has a habit of teasing D.J. and then saying "Just kidding!" as if it will make everything okay. It doesn't, but D.J. is afraid that if he protests, his friends will think he can't take a joke. With the help of his father, brother, and an understanding teacher, D.J. progresses from feeling helpless to taking positive action to combat the teasing. Committee for Children website.	Calming down, consequences predicting feelings, problem solving, strong feelings, teasing, thinking of solutions	Unit 3 - Emotion Management Unit 4 - Problem Solving	
<i>Eddie Longpants</i>	By Mireille Levert	Eddie Longpants is much taller than all the other children. At recess, none of the children will play with him. Instead they taunt him and call him names. It is not until Eddie's teacher and parents get involved that the other children start to appreciate what is unique about Eddie.	Accepting differences, helping, name-calling, problem solving, strong feelings, teasing, understanding perspectives	Unit 4 - Problem Solving	
<i>I Love My New Toy</i>	By Mo Willems	Elephant accidentally breaks Piggie's new toy. Piggie is mad, then sad, and has a hard time accepting Elephant's apology. Eventually, they decide that having fun with your friends is more important than a toy. Early reader.	Accidents, friendship, having fun with your friends, strong feelings, taking responsibility for your actions	Unit 4 - Problem Solving	
<i>Adventures at Walnut Grove: A Lesson About Teasing</i>	By Dana Lehman. Illustrated by Judy Lehman.	Sammy the squirrel's feelings are hurt when his friend Bucky teases him about the way he looks. Soon these animal friends realize that teasing is not respectful nor a nice way to treat others.	Apologizing, consequences, feelings, having fun with your friends, name-calling, perspective taking, predicting feelings, respect, teasing	Unit 4 - Problem Solving	
<i>I Need a Little Help</i>	By Kathy Schultz	This repetitive, rhyming story shows how a young boy asks his mother for help throughout the day.	Asking for help, being assertive, problem solving	Unit 4 - Problem Solving	
<i>Little Lost Owl</i>	By Chris Haughton	Little Owl has a problem. He fell from his nest, and now he can't find his mom! The story follows Little Owl as he assertively asks various forest creatures for help finding his mom.	Asking for help, being assertive, problem solving	Unit 4 - Problem Solving	
<i>My Truck Is Stuck</i>	By Kevin Lewis and Daniel Kirk	This fun, rhyming story tells how two dogs must continue to ask for help getting their truck unstuck.	Asking for help, being assertive, problem solving	Unit 4 - Problem Solving	
<i>Nobody Knew What to Do</i>	By Becky Ray McCain. Illustrated By Todd Leonardo.	The <i>Nobody Knew What to Do</i> picture book is taught in the <i>Steps to Respect</i> primary-grades lesson to help explain concepts of bullying prevention. Straightforward and simple, the story tells how one child found the courage to tell a teacher about Ray, who was being picked on and bullied by other kids in school. When Ray is bullied, the children sympathetic to him feel fear and confusion and can only hope that Ray will "fit in some day." Finally, after Ray misses a day of school and the bullying kids plot mean acts for his return, the narrator goes to a teacher. The children then invite Ray to play with them, and, with adult help, together they stand up to the bullies. This book is recommended for reading ages 4-8.	Asking for help, bullying, caring, compassion, helping, inviting in, peer pressure, problem solving, strong feelings	Unit 4 - Problem Solving	
<i>The Friendship Alphabet</i>	By Wendy Bramwell, Brooke Doyle, and Laura Smith. Photographs By Michael Ziegler.	<i>The Friendship Alphabet</i> book features colorful photographs for each letter and is written in fun rhymes that introduce important social and emotional concepts. Each pair of letters in the book presents a different aspect of friendship. Also available is the Friendship Alphabet Poster.	Assertiveness, emotions, friendship, patience, problem solving, sharing	Unit 4 - Problem Solving	
<i>Stand Tall, Molly Lou Melon</i>	By Patty Lovell. Illustrated by David Catrow.	When tiny first-grader Molly Lou moves to a new school, she has to deal with name-calling. But with determination and plenty of self-confidence, Molly Lou is able to handle whatever comes her way.	Being assertive, bullying, name-calling, focusing attention, problem solving, self-talk	Unit 4 - Problem Solving	

<i>What About Bear?</i>	By Suzanne Bloom	Goose and Bear return with their new friend, Little Fox, in this sequel to <i>A Splendid Friend Indeed</i> . But they have a problem. Little Fox is not nice to Bear and is always trying to leave him out. Goose assertively tells Little Fox that if he wants to play, he has to learn to play with Bear too.	Being assertive, exclusion, fair ways to play, having fun with your friends, problem solving	Unit 4 - Problem Solving	
<i>The Pigeon Finds a Hot Dog!</i>	By Mo Willems	Pigeon finds a hot dog and is reluctant to share with persistent Duckling. Eventually Pigeon gives in to Duckling's curiosity and they happily share the hot dog.	Being assertive, having fun with your friends, joining in, making friends, sharing	Unit 4 - Problem Solving	
<i>Mine! Mine! Mine!</i>	By Shelly Becker. Illustrated by Hideko Takahashi.	Claire comes over to Gail's house to play. But if playing with Claire involves sharing, Gail doesn't want to do it! Claire is not having fun, and neither is Gail. Gail's mother then models how sharing and kindness is more fun than getting your own way.	Caring, fair ways to play, having fun with your friends, problem solving, sharing	Unit 4 - Problem Solving	
<i>Emily's Sharing and Caring Book</i>	By Cindy Post Senning and Peggy Post. Illustrated by Leo Landry.	Two young friends demonstrate different ways of sharing, taking turns, and being nice and polite to others.	Caring, fair ways to play, sharing, having fun with your friends, problem solving, taking turns	Unit 4 - Problem Solving	
<i>I Want It</i>	By Elizabeth Crary. Illustrated by Marina Megale.	Megan and Amy have a problem: they want to play with the same truck. In this interactive story, the reader helps Megan and Amy think of solutions and explore the consequences of those solutions.	Consequences, fair ways to play, having fun with your friends, problem solving, thinking of solutions	Unit 4 - Problem Solving	
<i>The Big Trip</i>	By Valeri Gorbachev	Pig wants to take a big trip. His friend, Goat, starts thinking of all the possible terrible consequences of taking such a big trip. Pig is so scared and discouraged that he decides he shouldn't take a trip at all. Goat then offers a solution: traveling is much less scary if you bring along a friend!	Exploring consequences, fear, friendship, frustration, problem solving, strong feelings, thinking of solutions	Unit 4 - Problem Solving	
<i>It's Mine!</i>	By Leo Lionni	Three selfish frogs quarrel over who owns their pond and island until a storm makes them value the benefits of sharing.	Fair ways to play, feelings change, having fun with your friends	Unit 4 - Problem Solving	
<i>Ready to Play! A Tale of Toys and Friends, and Barely Any Bickering</i>	By Stacey R. Kaye. Illustrated by Elizabeth O. Dulemba.	Emma and Ryan are having typical preschool-aged problems as they are learning how to play together. The adult in this book helps the children use appropriate words to say how they are feeling, say the problem, think of safe solutions, and play fairly.	Fair ways to play, feelings, having fun with your friends, problem solving, thinking of solutions	Unit 4 - Problem Solving	
<i>My Friend and I</i>	By Lisa Jahn-Clough	A young girl tells the story of how she and her new friend argue over sharing a toy and ultimately break it. They are angry and don't want to play with each other anymore. But finally they decide that playing together fairly is much more fun than playing alone.	Fair ways to play, having fun with your friends, problem solving	Unit 4 - Problem Solving	
<i>Why Should I Share?</i>	By Claire Llewellyn. Illustrated by Mike Gordon.	Tim doesn't like to share—especially with his little brother! But as he watches his twin neighbors next door playing together, he sees how sharing can make things much more fun.	Fair ways to play, having fun with your friends, problem solving, sharing	Unit 4 - Problem Solving	
<i>Share and Take Turns</i>	By Cheri J. Meiners	In this colorful book, a young girl learns how share and take turns in a variety of situations.	Fair ways to play, having fun with your friends, problem solving, sharing, taking turns	Unit 4 - Problem Solving	
<i>Ladybug Girl and Bumblebee Boy</i>	By Jacky Davis and David Soman	Lulu and Jack want to play together, but they cannot agree on what to do. Children will enjoy helping Lulu and Jack, and their other friends that join them, think of safe things that everyone will have fun playing.	Fair ways to play, having fun with your friends, problem solving, thinking of solutions	Unit 4 - Problem Solving	
<i>Trouble Talk</i>	By Trudy Ludwig. Illustrated by Mikela Prevost.	Maya's friend Bailey loves to talk about everything and everyone. At first, Maya thinks Bailey is funny. But when Bailey's talk leads to harmful rumors and hurt feelings, Maya begins to think twice about their friendship. Committee for Children website.	Friendship, gossip, peer pressure, problem solving, strong feelings	Unit 4 - Problem Solving	
<i>A Splendid Friend Indeed</i>	By Suzanne Bloom	Goose wants to be Bear's friend. He just doesn't know how to do it. After several failed attempts at joining Bear in his activities, Goose finally finds the right approach and they become splendid friends indeed!	Friendship, having fun with your friends, joining in, making friends, problem solving	Unit 4 - Problem Solving	
<i>Can I Play Too?</i>	By Mo Willems	Snake wants to join in Elephant and Piggie's game of catch. Piggie tells Snake he can't play because he doesn't have arms. But Snake is persistent and eventually finds a way to join in the game. Early reader.	Friendship, having fun with your friends, joining in, problem solving, thinking of solutions	Unit 4 - Problem Solving	
<i>The Lunch Box Surprise: First-Grade Friends</i>	By Grace Maccaroni. Illustrated by Betsy Lewin.	Sam's mom forgot to pack his lunch box. Sam names all his feelings when he discovers he has no lunch. Luckily, Sam has good friends that share their food with him.	Friendship, identifying feelings, problem solving, sharing	Unit 4 - Problem Solving	
<i>Would You Invite a Skunk to Your Wedding?</i>	By Ginger Pate	Louie Phewie is a skunk that has a problem controlling his spray when he gets nervous. His good friends are getting married and would like to invite Louie to be the ring bearer in their wedding. But can they risk the possible humiliation of Louie losing control of his spray? Children have fun finding out what true friendship really means!	Friendship, inviting in, problem solving	Unit 4 - Problem Solving	
<i>A Visitor for Bear</i>	By Bonny Becker. Illustrated by Kady MacDonald Denton.	Bear wants to be alone. But Mouse wants to join him. Soon Bear realizes he likes having fun with his friend more than he likes to be alone.	Having fun with friends, joining in, making friends	Unit 4 - Problem Solving	
<i>Will You Play With Us?</i>	By Margaret Yatsevitch Phinney. Illustrated by Lynne Woodcock Cravath.	This lyrical story is about inviting lots of others to play. See how big the fun gets as more and more boys are invited in!	Having fun with your friends, inviting in, problem solving	Unit 4 - Problem Solving	
<i>Herman the Helper</i>	By Robert Kraus. Illustrated by Jose Aruego and Ariane Dewey.	Herman the helpful octopus is always willing to assist anyone who needs his help—old or young, friend or enemy.	Helping	Unit 4 - Problem Solving	
<i>Join In and Play</i>	By Cheri J. Meiners	A young girl shows how she joins others at play by talking and listening with respect, and by playing fairly.	Problem solving, joining, listening, fair ways to play	Unit 4 - Problem Solving	

<i>Oliver Button Is a Sissy</i>	By Tomie dePaola	Oliver doesn't let teasing at school stop him from what he likes to do. Available in Spanish: <i>Oliver Button es un nena</i> .	Identifying feelings, name-calling	Unit 4 - Problem Solving	
<i>Sam Johnson and the Blue Ribbon Quilt</i>	By Lisa Campbell Ernst	While mending the pig-pen awning, Sam discovers that he enjoys sewing the various patches together, but meets with scorn and ridicule when he asks to join his wife's quilting club.	Identifying feelings, name-calling	Unit 4 - Problem Solving	
<i>May I Bring a Friend?</i>	By Beatrice Schenk de Regniers. Illustrated by Beni Montresor.	A young boy receives an invitation each week from the King and Queen to join them for tea. He is so happy to be invited that he wants to share his happiness with others and always asks if he can bring a friend. The King and Queen always say yes, providing an excellent example of how to be inclusive.	Inviting in, problem solving	Unit 4 - Problem Solving	
<i>Timothy Goes to School</i>	By Rosemary Wells	Timothy learns about being accepted and making friends during his first week at school.	Joining in	Unit 4 - Problem Solving	
<i>Yo! Yes?</i>	By Chris Raschka	This very simple story depicts two lonely boys who meet and develop a friendship.	Joining in	Unit 4 - Problem Solving	
<i>Odd Velvet</i>	By Mary E. Whitcomb. Illustrated by Tara Calahan King.	Although she dresses differently from the other girls and does unusual things, Velvet eventually teaches her classmates that even an outsider has something to offer.	Joining in, name-calling, similarities and differences	Unit 4 - Problem Solving	
<i>I Want to Play</i>	By Elizabeth Crary. Illustrated by Marina Megale.	Danny wants to join the other kids in their play. In this interactive story, the reader helps Danny decide what to do.	Joining in, problem solving	Unit 4 - Problem Solving	
<i>My Buddy</i>	By Audrey Osofsky. Illustrated by Ted Rand.	A young boy with muscular dystrophy tells how he is teamed up with a dog trained to do things that the boy can't do for himself.	Joining in, similarities and differences	Unit 4 - Problem Solving	
<i>I Have a Little Problem, Said the Bear</i>	By Heinz Janisch and Silke Leffler	Bear has a problem and everyone he meets has solutions! However, nobody listens to Bear long enough to hear him say what is really the problem. This story stresses the importance of clearly saying the problem before coming up with solutions.	Listening, problem solving, thinking of solutions	Unit 4 - Problem Solving	
<i>Wangari's Trees of Peace: A True Story of Africa</i>	By Jeanette Winter	This is the true story of Wangari Maathai, the winner of the 2004 Nobel Peace Prize. Wangari has a problem: her homeland in Kenya once covered with trees is now a dry, barren land where trees grow no longer. This inspirational story tells how Wangari goes about solving her problem and eventually starts the Green Belt Movement to save her land.	Making a plan, problem solving, thinking of solutions	Unit 4 - Problem Solving	
<i>Angel Child, Dragon Child</i>	By Michele Maria Surat. Illustrated by Vo-Dinh Mai.	Going to a new school in America is difficult for Ut, a Vietnamese girl who misses her mother back in Vietnam.	Name-calling	Unit 4 - Problem Solving	
<i>But Names Will Never Hurt Me</i>	By Bernard Waber	A girl named Alison Wonderland learns to live with her name.	Name-calling	Unit 4 - Problem Solving	
<i>My Name Is Not Dummy</i>	By Elizabeth Crary. Illustrated by Maria Megale.	Jenny doesn't like it when Eduardo calls her names.	Name-calling, problem solving	Unit 4 - Problem Solving	
<i>I'm Lost</i>	By Elizabeth Crary. Illustrated by Marina Megale.	The reader is encouraged to help a little girl find her father again at the zoo.	Problem solving	Unit 4 - Problem Solving	